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November 14, 2017

TO: Lori Koch
Acting Administrator
Klickitat County Health Department

Klickitat County Board of Health

RE: Resignation from Health Officer Position

Dear Ms. Koch and members of the Board of Health,

I am writing to express to you my intent to resign from the Health Officer position effective on or about 01 January 2018. It has been a pleasure and a privilege to serve in this capacity since 2002; however, in an attempt to simplify my life and consolidate my workload, it is time for this good run to end. I am most grateful for the opportunity you have given me and for the hard work and support the KCHD staff has provided me during my time of service.

Since communicating my intentions to staff verbally in September, I have discussed the position with two potential candidates, but have directed them to Ms. Koch and the the Board itself for further information about the process for designating my successor. If the selection period extends beyond my target date of January 1, 2018, I am willing to extend my service on a short-term basis to permit that process to come to completion. In your selection of a successor, I urge you to consider balancing interest in proximity and local access with competence and experience serving in the health officer role.

If I can be of further assistance to you in this transition, please feel free to contact me.

With respect and gratitude,



Chris Spitters, MD

Figure 2

Social Determinants of Health

Economic Stability	Neighborhood and Physical Environment	Health Care	Food	Community and Social Context	Health Care System
<ul style="list-style-type: none"> Employment Wages Health insurance Disability Retirement Medicaid 	<ul style="list-style-type: none"> Air quality Lead paint Water quality Food safety Crime Disaster preparedness Disability 	<ul style="list-style-type: none"> Literacy Language Early childhood education Vocational training Higher education 	<ul style="list-style-type: none"> Hunger Access to healthy options 	<ul style="list-style-type: none"> Social integration Support systems Community engagement Discrimination 	<ul style="list-style-type: none"> Health coverage Provider availability Provider linguistic and cultural competency Quality of care



COLUMBIA GORGE REGIONAL COMMUNITY HEALTH ASSESSMENT: SUMMARY-2016

Collaborating for Optimum Health and Optimized Healthcare

Community Clinics



Hospitals



Public Health



Public Health
Prevent. Promote. Protect

North Central Public Health
Department



Community Partners



PacificSource
Community Solutions



A summary of the needs for improved health for the residents of the Columbia Gorge Region including Hood River, Wasco, Sherman, Gilliam, Wheeler counties in Oregon and Skamania and Klickitat counties in Washington - Fall 2016

The 2nd Columbia Gorge Regional Community Health Assessment

This document represents the second version of our regional approach to the Columbia Gorge Community Health Assessment. Building on the partnerships started with the first iteration in 2013, this regional assessment now includes 7 adjacent counties in the Columbia Gorge Region. The cohort listed on the cover page represents the primary supporting organizations in this effort.

Acknowledgement to Key Community Contributors

Conducting a thorough health assessment was possible by the tireless support of these groups.

For gathering hand-fielded surveys	DHS, Mid-Columbia Housing Authority, Hood River County Health Department, Hood River County Senior Center, Revell Coy Insurance, Oregon Child Development Coalition, Meals on Wheels: The Dalles, Mid-Columbia Center For Living, North Central Public Health District, One Community Health, Wings, The Next Door Inc, Providence, Aging in the Gorge Alliance, Klickitat Valley Health, Skyline Hospital, Skamania County Health Department, Klickitat County Health Department
Providing augmented data	Oregon Public Health Division, Washington State Department of Health, Oregon Health Authority, Mid-Columbia Economic Development District Collective Medical Technologies (CMT): CMT is the leader in complex patient healthcare management and is dedicated to eliminating avoidable risk by closing the provider communication gaps that undermine patient care. They are the Northwest provider of Emergency Department Information Exchange (EDIE) as such they provided us with aggregated ER data.
Execution of the mail-based survey and data analysis	Providence Center for Outcome Research and Education (CORE)

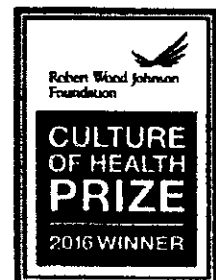
Acknowledgment to the Community Advisory Council (CAC)

The Community Advisory Council, or CAC, is comprised of OHP consumers, community members, and local organizations. Their mission is to give the community a voice so that the consumer and community health needs are heard. They were instrumental in reviewing and adjusting the survey itself to ensure our local needs were met.

A result that is rewarding

In a rural community, working together is paramount for success. The formation of the Columbia Gorge Coordinated Care Organization with PacificSource Community Solutions aided us to turn an ordinary requirement from Oregon lawmakers into an extraordinary opportunity to improve the health and wellness of all residents. We are proud of our accomplishments and delighted that the Robert Wood Johnson Foundation recognized our work.

We invite the community to use this material in the pursuit of better health for all.



***For the full document look on the Columbia Gorge Health Council website at cghealthcouncil.org

Columbia Gorge Regional Community Health Assessment

2013

VS

2016

Mail = 457
Hand-fielded = 691

Non-Hispanic White=827
Hispanic/Latino/Other= 290
Low Income= 668

6 Counties: 4 Oregon +
2 Washington

65 Questions including Food,
Housing and Transportation

4 hospitals; 4 Health Departs;
One Community Health;
County Mental Health
Columbia Gorge CCO

Housing & Food;
Transportation; Jobs

Adult Dental Access; Physical
and Mental health together;
Mental Health access for
Children & Youth

Coordination with healthcare & social
services; Health insurance re-enrollment;
Supporting Developmental and Healthy
Growth in the Early Years



SURVEYS



DEMOGRAPHICS



COUNTY



QUESTIONS



COHORT



SOCIAL
DETERMINANTS



HEALTHCARE



CONNECTED

Mail = 674* statistical significance
Hand-fielded = 694

Non-Hispanic White= 1043
Hispanic/Latino/Other= 301
Low Income=631

7 Counties: 5 Oregon +
2 Washington

72 Questions including Trauma
and Support for Caregivers

2013 cohort + United Way; Four
Rivers Early Learning Hub

Employment rate better; other
areas remain a concern

Dental Access remains #1 gap;
Progress on Mental Health Access;
PCP Access harder

Coordination with primary care and
mental health=good: More people are
insured; Families with children 0-5 more
likely to go without basic needs









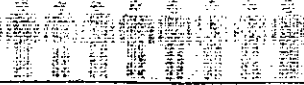







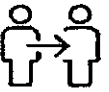





In partnership with:

Hospitals: Providence Hood River, Mid-Columbia Medical Center, Klickitat Valley Health, Skyline
Public Health: Hood River County, Klickitat Valley, North Central, Skamania
One Community Health, Mid-Columbia Center for Living, PacificSource Community Solutions
United Way of the Columbia Gorge, 4 Rivers Early Learning Hub

Columbia Gorge Regional Health Assessment-2016















General Population

Basic Needs	 <p>Basic Needs</p>	1 in 4 had to go without a basic need AND 1 in 4 had to go without a healthcare need	 	pg 18	
	 <p>Income Security</p>		 	1 in 3 had trouble paying for basic needs	pg 18
	 <p>Food Security and Healthy Eating</p>		 	1 in 3 are worried about running out of food* more than 1 in 10 had to go without food	pg 18
	 <p>Housing Security</p>	25% are worried about their housing situation 7% had to go without stable housing	 	pg 19	
	 <p>Transportation Access</p>			13% had to go without transportation	pg 20
	 <p>Health Insurance</p>			8% are uninsured	pg 20
	<td></td> <td>of the uninsured, 21% live in Washington and 69% live in Oregon</td> <td></td> <td></td> <td></td>		of the uninsured, 21% live in Washington and 69% live in Oregon		
Community and Social Environment	 <p>Social Support</p>	21% do not have someone to make them feel loved or wanted 22% do not have someone to give them good advice 29% do not have someone to relax with 26% do not have someone to talk to about problems 29% do not have someone to help if they were confined to a bed		pg 37	
	 <p>Social Cohesion</p>	25% feel they can not trust people in their community 20% can not count on adults in their community 13% think people in their community are unwilling to help 10% do not feel safe in their community		pg 37	
	 <p>Support for Caregivers</p>		 	1 in 5 are caregivers	pg 37
		6 out of 10 caregivers don't feel that they have adequate support			

*Gorge Wide Food Survey


















Columbia Gorge Regional Health Assessment-2016

Populations with disparities by race/ethnicity, income, or insurance

Basic Needs	 <p>Basic Needs</p>	<p>4 in 10 in the Hispanic/Latino/Other, Low income, Uninsured, and Medicaid populations had to go without a basic need and healthcare need</p> 	<p>pg 18</p>
	 <p>Income Security</p>	<p>More than half of the Hispanic/Latino/Other, Low income, Uninsured, and Medicaid populations had trouble paying for basic needs</p> 	<p>pg 18</p>
	 <p>Food Security and Healthy Eating</p>	<p>1 in 4 in the Hispanic/Latino/Other, Uninsured, and Medicaid populations had to go without food</p> 	<p>pg 18</p>
	 <p>Housing Security</p>	<p>About 40% in Hispanic/Latino/Other, Uninsured, and Medicaid populations are worried about their housing situation 16% of these populations had to go without stable housing</p>	<p>pg 19</p>
	 <p>Transportation Access</p>	<p>About 1 in 4 in the Hispanic/Latino/Other, Low income, Uninsured, and Medicaid populations had to go without transportation</p> 	<p>pg 20</p>
	 <p>Health Insurance</p>	<p>Hispanic/Latino/Other and Low income populations are about twice as likely to be uninsured than the general population</p>	<p>pg 20</p>
	Community and Social Environment	 <p>Social Support</p>	<p>Low income was less likely to feel like they had these social supports than higher incomes Uninsured and Medicaid populations were less likely to feel like they had these social supports than the Private and Medicare populations.</p>
 <p>Social Cohesion</p>		<p>35% of Low income, Uninsured, and Medicaid populations feel they can not trust people in their community 25% of Hispanic/Latino/Other, Low income, Uninsured, and Medicaid populations can not count on adults in their community 25% of the Uninsured think people in their community are unwilling to help 20% of the Uninsured do not feel safe in their community</p>	<p>pg 37</p>
 <p>Support for Caregivers</p>		<p>6 out of 10 caregivers do not feel like they have adequate support</p> 	<p>pg 37</p>















Columbia Gorge Regional Health Assessment-2016

Adults (ages 18-98)

Health Status	 General Health	 1 in 4 rated their health as fair or poor  2 out of 3 are overweight or obese	pg 22
	 Chronic Medical Conditions	High blood pressure is the most common chronic condition More than half have a chronic medical condition 	pg 22
	 Mental Health Conditions	 Depression is the most diagnosed mental health condition 1 in 3 have a mental health condition	pg 22
	Trauma and Resilience	3 out of 4 experienced one or more traumatic event About 4 out of 10 had someone do something harmful to them 	pg 23
	 Alcohol, Tobacco, Other Drugs	21% have three or more drinks on the days they drink 19% use tobacco 15% use marijuana 7% use other drugs	pg 24
Healthcare Access	 Physical Healthcare Access	 1 in 5 do not have a primary care provider and are going without needed care	pg 26
	 Dental Healthcare Access	Greatest unmet healthcare need: 344 people are going without care 1 in 4 are going without needed care 	pg 26
	 Mental Healthcare Access	Access greatly improved from 2013 46% got care from primary care provider 30% got care from county mental health clinics	pg 27
	 Substance Use Treatment	7% needed substance use care, of those 68% are receiving treatment	pg 28
	 Medications	 1 in 10 cannot get all their medications	pg 29
Specialists	Neurology, substance use treatment, and cancer treatment had highest unmet need Most people use local services	pg 29	















Columbia Gorge Regional Health Assessment-2016

Adults with disparities by race/ethnicity, income, or insurance (ages 18-98)

Health Status		35% of Low income and Medicaid populations rated their health as fair or poor	pg 22
		3 out of 4 on Medicare have a chronic medical condition 	pg 22
		Anxiety is the most diagnosed mental condition for Low income and Medicaid 2 of 5 of the Low Income population have a mental health condition  Half of Medicaid recipients have a mental condition 	pg 22
		Half of the Medicaid population has experienced 3 or more traumatic events 	pg 23
		The Uninsured and Medicaid population were more likely to have three or more drinks, use tobacco, and use other drugs than general population Low income was more likely to use tobacco than the general population	pg 24
Healthcare Access		1 in 4 of the Uninsured and Medicaid populations are going without needed care  More than half of the Uninsured do not have a primary care provider	pg 26
		About 37% of the Low income, Uninsured, and Medicaid populations are going without needed care	pg 26
		Nearly twice as many Medicaid recipients are going without needed care than the general population	pg 27
		15% of Medicaid recipients needed substance use care High income, Uninsured, and Private insurance populations were twice as likely to go without needed care than the general population	pg 28
		No significant disparities	pg 29
	Specialists	Low income had more unmet orthopedic needs than the general population Private insurance had more unmet cardiology needs than the general population Medicaid had more unmet skin condition needs than the general population	pg 29

Columbia Gorge Regional Health Assessment-2016

Youth (ages 0-17)

Health Status	 	1 in 10 rated their health as fair or poor*		pg 31		
		General Health	1 out of 3 are overweight or obese*	pg 31		
		Chronic Medical Conditions	Asthma is the most common chronic medical condition	pg 31		
		Mental Health Conditions	Anxiety is the most diagnosed mental health condition	pg 31		
			1 in 4 have a mental health condition	pg 31		
Healthcare Access		Trauma and Resilience	Nearly 1 out of 4 had an adult hurt them on purpose*	pg 31		
		Alcohol, Tobacco, Other Drugs	20% have had alcohol* 14% have used tobacco*	pg 32		
		Physical Healthcare Access	1 in 10 parents said their children are not getting all needed care	VS	1 in 5 youth feel they are not getting all needed care*	pg 34
		Dental Healthcare Access	1 in 10 parents said their children are not getting all needed care	VS	1 in 5 teens haven't been to the dentist in the past 12 months	pg 34
		Mental Healthcare Access	8% parents said their children are not getting all needed care	VS	15% youth feel they are not getting all needed care*	pg 34
Substance Use Treatment		Substance Use Treatment	7% needed substance use care, of those 22% are receiving treatment^	pg 35		
		Medications	1 in 20 teens have used prescription drugs without a doctor's orders*	pg 35		

*This information is from the Oregon and Washington Healthy Teen Survey

^ This information came for the OHA Behavioral Profiles

All other information is from the 2016 CHA survey

Klickitat County

	Number	Percent
Total Population	340	24.9%

FPL	200% and below	94	27.6%
	201% and above	152	44.7%

	Hispanic/Latino/Other	34	10.0%
	Non Hispanic whites	293	86.2%

	Uninsured	17	5.0%
	Medicaid/Dual	57	16.8%
	Medicare	104	30.6%
	Private	126	37.1%

Age	18-39 years	81	23.8%
	40-64 years	134	39.4%
	65-80 years	97	28.5%
	80+ years	20	5.9%

Basic Needs	Worried about housing	62	18.2%
	Pays less than 750	173	50.9%
	Pays 750-1500	95	27.9%
	Pays more than 1500	37	10.9%
	Went without SDH	59	17.4%
	Went without healthcare	80	23.5%
	Went without food	25	7.4%
	Went without transportation	36	10.6%
	Went without housing	16	4.7%

Health Status	General health- fair or poor	66	19.4%
	Overweight	95	27.9%
	Obese	120	35.3%
	Chronic Disease	202	59.4%
	Mental Health Condition	122	35.9%
	Mental and Physical	87	25.6%
	Traumatic Event	278	81.8%
	3 or more traumatic events	142	41.8%
	Has 3 or more drinks a day	51	15.0%

Tobacco Use	63	18.5%
Marijuana Use	51	15.0%
Other drug use	24	7.1%

Healthcare Access	Doesn't have usual place of care	19	5.6%
	Unmet Physical Need	56	16.5%
	Unmet Dental Need	90	26.5%
	Unmet Mental Need	28	8.2%
	Unmet Prescription Need	32	9.4%
	Needed Specialist care	180	52.9%

Youth Health Status (n=75)	Chronic Disease	11	14.7%
	Mental Health Condition	18	24.0%
	Mental and Physical	8	10.7%

Youth Healthcare Access (n=75)	Unmet Physical Need	5	6.7%
	Unmet Dental Need	7	9.3%
	Unmet Mental Need	3	4.0%

Social and Community Environment (% disagree)	People in my community are willing to help	41	12.1%
	People in my community can be trusted	83	24.4%
	I feel safe in my community	31	9.1%
	Caregivers do not feel like they have adequate support	40 (70 are cg)	57.1%
	Has someone to love them and make them feel wanted	62	18.2%
	Has someone to confide in	72	21.2%

*cg=caregiver